

LEVELS	POINTS	INCENTIVES
Emerald	70	<ul> <li>\$520/\$1,040 Wellness Flex Credit per employee and/or spouse per year (\$20/\$40 per pay period)</li> </ul>
Ruby	100	<ul> <li>Recognition with division and department</li> <li>\$520/\$1,040 Wellness Flex Credit per employee and/or spouse per year (\$20/\$40 per pay period)</li> </ul>
Blue Diamond	130+	<ul> <li>Wellness Day Off (full work shift)</li> <li>Cannot be earned by spouses</li> <li>Can only be used in subsequent calendar year and hours cannot be paid out</li> <li>Recognition with division and department</li> <li>\$520/\$1,040 Wellness Flex Credit per employee and/or spouse per year (\$20/\$40 per pay period)</li> </ul>





Scan the QR code or visit www.ocfl.net/myocwellness to see the complete list of goals.

- Employees and/or spouses have from Oct. 1, 2022 Sept. 30, 2023 to earn points
- Track your progress on the myCigna app or myCigna.com

Gatekeeper Goal: Health Assessment on myCigna.com
\*This goal must be completed before any awards can be earned.

For more information, email wellness@ocfl.net