

# 2016 NO COST-SHARE PREVENTIVE MEDICATIONS

## by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

### Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

### Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Check your plan materials or visit [myCigna.com](http://myCigna.com) for more information. You can also use the Prescription Drug Price Quote tool on [myCigna.com](http://myCigna.com) to compare prices at local retail pharmacies and Cigna Home Delivery Pharmacy<sup>SM</sup>. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

### Religious exemptions to covering contraceptives

PPACA allows certain employers to exclude coverage for contraceptive services due to religious beliefs.

If you're a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications. Where required by law, Cigna will offer to pay for your contraceptive services and specific medications at no additional cost to you if you choose. This coverage isn't administered, funded by or connected in any way to your employer's health coverage, and is private and confidential.

### Your healthcare professional

Talk with your doctor about choosing the medication or product that's right for you. If your doctor feels a certain contraceptive product (on this list) or smoking cessation product (on this list) isn't medically appropriate for you, have your doctor contact us to determine what other products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your doctor.

**Together, all the way.<sup>®</sup>**



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

855125 g 08/15

**This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.**

## Aspirin Products

Available to:

Males: 45-79 years

Females\*: 55-79 years

\*Available for females of childbearing age at risk of preeclampsia during pregnancy

Adult Low Dose Aspirin  
Adult Low Dose Aspirin EC  
Aspirin EC 81  
Aspirin 81 mg  
Aspir-Low  
Bayer Chewable Aspirin  
Children's Aspirin  
Children's Chewable Aspirin  
Ecotrin 81 mg  
Halfprin  
Low Dose Aspirin  
Low Dose Aspirin EC  
St. Joseph Aspirin

## Breast Cancer Prevention

(Females)

raloxifene  
tamoxifen

## Barrier Contraception

Available to Females

Conceptrol  
FC2 Female Condom  
Femcap  
Gynol II  
Options Conceptrol Vaginal Contraceptive  
Options Gynol II Vaginal Contraceptive  
Today Contraceptive Sponge  
VCF Vaginal Contraceptive Film  
VCF Vaginal Contraceptive Foam  
Wide Seal Diaphragm 60  
Wide Seal Diaphragm 70  
Wide Seal Diaphragm 75  
Wide Seal Diaphragm 80  
Wide Seal Diaphragm 85  
Wide Seal Diaphragm 90  
Wide Seal Diaphragm 95  
Wide Seal Diaphragm 65

## Emergency Contraception

Available to Females

Ella  
My Way  
Next Choice One Dose  
Take Action

## Hormonal Contraception<sup>^\*</sup>

Available to Females

Altavera  
Alyacen 1/35  
Alyacen 7/7/7  
Amethia  
Amethia Lo  
Apri  
Aranelle  
Aubra  
Aviane  
Azurette  
Balziva  
Briellyn  
Camila  
Camrese  
Camrese Lo  
Caziant  
Chateal  
Cryselle-28  
Cyclafem 1/35  
Cyclafem 7/7/7  
Dasetta 1/35  
Dasetta 7/7/7  
Daysee  
desogestrel/ethinyl estradiol  
drospirenone/ethinyl estradiol  
Elinest  
Emoquette  
Enpresse-28  
Enskyce  
Errin  
Estarylla  
Falmina  
Generess Fe  
Gianvi  
Gildagia  
Gildess 1.5/30  
Gildess 1/20  
Gildess FE 1.5/30  
Gildess FE 1/20  
Heather  
Introvale

Jencycla  
Jolessa  
Jolivette  
Junel 1.5/30  
Junel 1/20  
Junel FE 1.5/30  
Junel FE 1/20  
Kariva  
Kurvelo  
Larin 1/20  
Larin FE 1.5/30  
Larin FE 1/20  
Leena  
Lessina  
Levonest  
levonorgestrel  
levonorgestrel and ethinyl estradiol  
levonorgestrel/ethinyl estradiol  
Levora 0.15/30-28  
Loryna  
Low-Ogestrel  
Lutera  
Lyza  
Marlissa  
medroxyprogesterone acetate  
150 MG/ML  
Microgestin 1.5/30  
Microgestin 1/20  
Microgestin FE  
Microgestin FE 1.5/30  
Mono-Linyah  
Mononessa  
Myzila  
Necon 0.5/35-28  
Necon 1/35  
Necon 7/7/7  
Nora-Be  
norethindrone  
norgestimate/ethinyl estradiol  
norgestrel/ethinyl estradiol  
Nortrel 0.5/35 (28)  
Nortrel 1/35  
Nortrel 7/7/7  
Nuvaring  
Ocella  
Orsythia  
Philith  
Pimtrea  
Pirmella 1/35  
Pirmella 7/7/7  
Portia-28  
Previfem  
Quasense  
Reclipsen  
Sprintec 28  
Sronyx  
Syeda  
Tilia FE  
Tri-Estarylla  
Tri-Legest FE  
Tri-Linyah  
Trinessa  
Tri-Previfem  
Tri-Sprintec  
Trivora-28  
Velivet  
Vestura  
Viorele  
Vyfemla  
Wera  
Wymzya FE  
Xulane  
Zarah  
Zenchent  
Zenchent FE  
Zeosa  
Zovia 1/35E

<sup>^</sup> If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

\* Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.

## Fall Prevention / Vitamin D Supplementation

\* adults 65 years of age and older to prevent falls

Children's Replesta  
Children's Vitamin D  
D3 Dots  
D3-2000  
D3-50  
Decara  
Delta D3  
Dialyte Vitamin D3 Max  
Dialyvit Vitamin D  
D-Vi-Sol  
D-Vita  
Just D  
Kids Vitamin D3  
Maximum D3  
Optimal D3  
Replesta  
Replesta NX  
Thera-D  
Vitamin D  
Vitamin D3  
Vitamin D-400

## Folic Acid Supplementation

Available to Females (Only products containing 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal  
Daily Prenatal  
Folic Acid  
KPN  
Maxinate  
One Daily Prenatal  
P-D Natal Plus With Folic Acid  
Prenatal  
Prenatal Formula  
Prenatal Multi + DHA  
Prenatal OTC  
Prenatal Vitamins  
Preque 10  
Right Step Prenatal Vitamins  
Urosex

## Pediatric Multivitamins

(containing fluoride and fluoride supplements)

Available to Males and Females: six months - six years

Escavite  
Escavite D  
Floriva  
Fluorabon  
Fluor-a-day  
Fluoride  
Fluoritab  
Flura-drops  
Ludent Fluoride  
Multivitamin and Fluoride  
Multivitamins with Fluoride  
Multivitamins with Fluoride-Iron  
MVC-Fluoride  
MyKidz Iron FL  
Poly-VI-Flor  
Poly-VI-Flor with Iron  
Polyvitamins with Fluoride  
Quflora  
Sodium Fluoride  
Texavite LQ  
Triple Vitamin w/Fluoride  
Tri-VI-Flor  
Tri-vitamin with Fluoride  
Tri-vite w/Fluoride  
Tri-vite w/Fluoride Iron  
Vitamins A,C,D & Fluoride

## Pediatric Iron-Containing Products/Fluoride Supplementation

Available to Males and Females: six months - 12 months

Children's Ferrous Sulfate  
Children's Iron  
Fer-In-Sol  
Fer-Iron  
Ferrous Sulfate  
Flura Drops  
Icar

IronUp  
Multivitamins with Fluoride-Iron  
MyKidz Iron 10  
Novaferum  
Wee Care

## Smoking Cessation<sup>^\*</sup>

Quantity Limitations apply.

bupropion (generic for Zyban<sup>®</sup>)

*May also be known as:*

Bupropion HCl SR 12HR

Buproban

nicotine replacement therapy\*  
patches, gum and lozenges

*May also be known as:*

Commit

Nicoderm

Nicorelief

Nicorette

Nicotine Polacrilex Gum

Nicotine Polacrilex Lozenge

Nicotine TD Patch 24HR

Nicotine Transdermal System

<sup>^</sup> If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

\* Generic nicotine replacement therapy (so called "store-brands") are available at no cost-sharing to you, even though they may not be listed here.



All health benefit plans and insurance policies contain exclusions and limitations. Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company (CHLIC), Connecticut General Life Insurance Company (CGLIC), Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of Arizona, Inc., Cigna HealthCare of California, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Connecticut, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of Indiana, Inc., Cigna HealthCare of St. Louis, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc., and Cigna HealthCare of Texas, Inc. "Cigna Home Delivery Pharmacy" refers to Tel-Drug, Inc. and Tel-Drug of Pennsylvania, L.L.C. OK policy forms: HP-APP-1 et al (CHLIC), GM6000 C1 et al (CGLIC). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.